

Fact Sheet 19

SUPPORT ORGANISATIONS FOR FAMILIES

GENERAL CRANIOFACIAL ASSISTANCE	
Craniofacial Australia <i>Not-for-profit charitable foundation which aims to achieve the best possible outcomes for those affected by a craniofacial condition.</i>	204 Melbourne St NORTH ADELAIDE SA 5006 P: (08) 8267 4128 E: info@acmff.org.au W: www.craniofacial.com.au www.facebook.com/craniofacialaustralia
HELP FOR SPECIFIC CRANIOFACIAL CONDITIONS	
Craniosynostosis Support Australia <i>Facebook group</i>	W: www.facebook.com/groups/craniosupport
Craniosynostosis Support for Parents and Guardians <i>Facebook group</i>	W: www.facebook.com/groups/151435631593767
CleftPALS <i>A support network for families of children born with cleft lip and/or palate offering practical assistance and emotional support</i>	CleftPALS NSW P: (02) 9294 8944 (Feeding & Equipment Support Hotline) E: info@cleftpalsnsw.org.au W: www.cleftpalsnsw.org.au CleftPALS QLD P: 1300 362 056 (Support Hotline) E: support@cleftpalsqld.org.au W: www.cleftpalsqld.org.au <i>Note: support hotline is available, please leave message if unanswered.</i>

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Craniofacial Australia

204 Melbourne Street
North Adelaide
South Australia, 5006

W: craniofacial.com.au
E: familysupport@acmff.org.au
P: (08) 8267 4128



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HELP FOR SPECIFIC CRANIOFACIAL CONDITIONS	
CleftPALS (cont.) <i>A support network for families of children born with cleft lip and/or palate offering practical assistance and emotional support</i>	CleftPALS Victoria P: 0425 784 136 (Feeding & Support Hotline) E: cleftpalsvic@gmail.com W: www.cleftpalsvic.com <i>Note: also supports families in Tasmania & South Australia</i> CleftPALS WA P: 0416 232 156 (Support Hotline) E: membership@cleftpalswa.org.au W: www.cleftpalswa.org.au
HELP FOR CHILDREN	
Kids Helpline <i>Free, confidential 24/7 online & phone counselling service for young people aged 5 to 25.</i>	P: 1800 55 1800 W: www.kidshelpline.com.au
Siblings Australia <i>Support for siblings of those impacted by a chronic health condition or disability.</i>	P: (08) 8253 4936 E: info@siblingsaustralia.org.au W: www.siblingsaustralia.org.au
Headspace <i>Free or low-cost mental health service for young people aged 12-25 years</i>	W: www.headspace.org.au

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GENERAL PSYCHOLOGICAL ASSISTANCE	
Lifeline <i>Phone, text or online chat support for people experiencing emotional distress. 24/7 crisis support.</i>	P: 13 11 14 W: www.lifeline.org.au
Beyond Blue <i>Provider of mental health information and support. Phone / online.</i>	P: 1300 22 4636 W: www.beyondblue.org.au
13YARN <i>Indigenous crisis support line for mob who are feeling overwhelmed or having difficulty coping. 24/7 support.</i>	P: 13 YARN (13 92 76) W: www.13yarn.org.au
Relationships Australia <i>Relationship support service aiming to foster positive and respectful relationships.</i>	P: 1300 364 277 W: www.relationships.org.au

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Ronald McDonald House Charities <i>Supports seriously ill children and their families.</i> Support includes: - Accommodation near hospitals - Quiet family rooms within hospitals - Mobile health clinics for regional communities - Supportive programs for families	W: www.rmhc.org.au
Variety – The Children’s Charity <i>Helping children who are sick, disadvantaged, or living with a disability.</i> Support includes: - Grants for specialised medical & mobility equipment - Programs to support inclusion & community participation	W: www.variety.org.au
Starlight Children’s Foundation <i>Supporting hospitalised and seriously ill children.</i> Services: - Starlight Express Rooms in children’s hospitals - Wish granting - Support through play, distraction and positive mental health	W: www.starlight.org.au

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GENERAL ASSISTANCE FOR FAMILIES

Little Dreamers Australia

Supporting young people aged 4 to 25 who provide care to a family member affected by disability, chronic or mental illness, addiction or frailty. Vic, NSW & Qld.

Support includes:

- Peer programs
- Holiday retreats & respite
- Counselling & mentoring

W: www.littledreamers.org.au

The Australian Parenting Website

A parenting support website funded by the Australian Government that provides free, reliable, up-to-date and independent information about steps in a parent's journey. Divided according to the developmental stages of children.

W: www.raisingchildren.net.au

INTERNATIONAL CRANIOFACIAL RESOURCES: please note that services and treatments differ between countries. The resources below are included in case additional general information about craniofacial conditions is useful to families.

myFace

is a United States based information resource about craniofacial differences.

W: www.myface.org

Headlines Craniofacial Support

A UK charity supporting people with craniofacial conditions.

W: www.headlines.org.uk

Prepared: July 2025. Please advise Craniofacial Australia on (08) 8267 4128 should any information need updating.



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How we can support you:

- Care packs
- Financial assistance
- Family support coordinator
- Connection to other families

